



2019

Symposium for Primary Care Medicine

Friday, November 1 – Saturday, November 2
The Diamond Center at the
Suburban Collection Showplace

**36th Annual Allen Zieger
Memorial Lecture Series**

For Primary Care Practitioners

16.0 Category 1-A AOA CME Credits

16.0 AMA PRA Category 1 Credit(s)™

Featuring Self-Guided

Dermatology Virtual Workshop

Sponsored by:

Beaumont

**MICHIGAN STATE
UNIVERSITY**

College of
Osteopathic Medicine

Friday and Saturday, November 1 and 2, 2019



“Diagnostic Pearls and Basic Management of Common Dermatologic Conditions: A Virtual Workshop”

Objective: Recognize basic skin conditions; discuss implementing first-line of therapy and assess when evaluation by a dermatologist is necessary.

Complete online at your convenience starting one week prior to the conference through two weeks following the conference.

Completion of the virtual workshop is required to achieve maximum credits.

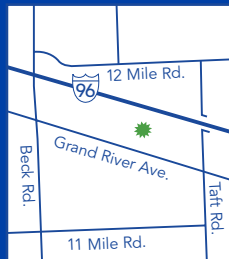
**The Diamond Conference Center,
Connected to the Hyatt Place Hotel
At the Suburban Collection Showplace**

46100 Grand River Ave., Novi, MI 48374
(248) 348-5600

Accommodations

Hyatt Place Hotel | 1-800-233-1234
novi.place.hyatt.com

A block of rooms has been reserved thru 10/17/19
at a special rate of \$139 + tax
Group Code G-BHRO



HYATT
PLACE™

AT
THE



SUBURBAN COLLECTION
SHOWPLACE

Osteopathic Continuing Medical Education

Beaumont Health is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

Beaumont Health designates this program for a maximum of 16.0 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Allopathic Continuing Medical Education

Beaumont Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Beaumont Health designates this live activity for a maximum of 16.0 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity

Advanced Practice Providers and Nurses

A maximum of 16.0 CME credits can be used to meet the Continuing Education Requirements needed for Michigan Relicensure without limitation. Each attendee should claim only those hours of credit that is actually spent in the live activity.

Target Audience

The target audience for this educational conference is primary care physicians, internists, nurse practitioners, physician assistants, and nurses.

Special Needs

In order to appropriately accommodate any special accommodations (including dietary restrictions), please contact Esther Gargalino at (947) 522-1839 or esther.gargalino@beaumont.org no later than October 21, 2019.

Cancellation Policy

Prepaid registration fees will be refunded minus a \$25 administrative fee, upon written notice of cancellation by email or mail received on or before October 21, 2019. No phone calls will be accepted for cancellation of registration. No refunds will be made after October 21, 2019. Please direct your correspondence to: Esther Gargalino, esther.gargalino@beaumont.org.

KEVIN I. FRANKEL, D.O., FAAFP – MODERATOR

Virtual Diagnostic Pearls and Basic Management of Common Dermatologic Conditions: A Virtual Workshop

Objective: Recognize basic skin conditions; discuss implementing first-line of therapy and assess when evaluation by a dermatologist is necessary.

7:00 a.m. Registration & Continental Breakfast

7:50 a.m. Welcome & Announcements – Andrew Cykiert, D.O., FACOI, FACP,

8:00 a.m. Update in Lipid Management 2019

David P. Gowman, D.O., FACC, FACOI, FASE, FASNC, FSVM, FSCCT

Objective: Review diagnosis and treatment of lipid abnormalities with the most up-to-date information from ACC/AHA guidelines for the treatment of lipid disorders; discuss how to optimize drug therapy in patients with statin intolerance.

8:50 a.m. Updates in Valvular Heart Disease

Amr E. Abbas, M.D., FACC, FSCAI, FASM, FSVM

Objective: Identify and manage valvular heart disease as a primary care provider.

9:40 a.m. Panel Discussion – Q/A

10:00 a.m. Break / Visit Exhibits

10:20 a.m. A Primary Care Update on Dementia

William D. Boudouris, D.O., FACN

Objective: Identify the appropriate diagnostic testing and treatment options for memory loss; recognize different types of dementia.

11:10 a.m. Insomnia and Anxiety in the Adult and Geriatric Population

Ronald Samarian, M.D.

Objective: Discuss how to confidently provide relief for patients with anxiety.

12:00 p.m. Panel Discussion – Q/A

12:20 p.m. Lunch / Visit Exhibits

1:05 p.m. What Will the Future of Medicine Look Like?

David P. Walters, D.O., MHSA, FACOEP, FACEP

Objective: Discuss the trends in medical care and how it will be delivered in the future.

1:55 p.m. Osteoporosis Update 2019

Gary W. Edelson, M.D.

Objective: Identify the patient who needs osteoporosis treatment; compare and contrast the available agents for the treatment of osteoporosis; recognize the long-term concerns about osteoporosis pharmacotherapy.

2:45 p.m. Panel Discussion – Q/A

3:05 p.m. Break / Visit Exhibits

3:25 p.m. Whole Person Primary Care: Caring for Transgender and Gender-Diverse Populations

Patricia Schmidt, D.O., FACOI

Objective: Review current standard of care and practice in primary care as it applies to transgender individuals; identify major medical conditions that may be precipitated with use of cross sex hormone replacement; discuss gender-confirming surgical procedures as it applies to long-term medical follow up.

4:15 p.m. Urinary Incontinence and Chronic Pelvic Pain

Kenneth M. Peters, M.D.

Objective: Identify different types of urinary incontinence; review evaluation and treatment algorithms for the incontinent patient; discuss the impact of chronic pelvic pain and the approach to identify pain triggers; review treatment options for chronic pelvic pain and when to refer the patient.

5:05 p.m. Panel Discussion – Q/A

5:25 p.m. Closing Remarks for the Day

RANDALL A. BICKLE, D.O., J.D., CPE, FAAPL – MODERATOR

Virtual **Diagnostic Pearls and Basic Management of Common Dermatologic Conditions: A Virtual Workshop**

Objective: Recognize basic skin conditions; discuss implementing first-line of therapy and assess when evaluation by a dermatologist is necessary.

7:00 a.m. **Registration & Continental Breakfast**

7:55 a.m. **Welcome & Announcements** – Andrew Cykiert, D.O., FACOI, FACP

8:00 a.m. **Every Breath You Take: Understanding Pulmonary Testing to Diagnose and Manage Disease**

Paul D. Bozyk, M.D.

Objective: Review principles of pulmonary pathophysiology as they relate to pulmonary physiology testing; review principles of pulmonary physiology testing; discuss interpretation of pulmonary testing in the formulation of diagnosis and management.

8:50 a.m. **Staying Up with Sleep Medicine**

Nader M. Mina, D.O.

Objective: Discuss updates in evaluation and management of patients with sleep disorders and the primary care role in screening and management of sleep disorders, sleep medicine and technology.

9:40 a.m. **Panel Discussion – Q/A**

10:00 a.m. **Break / Visit Exhibits**

10:20 a.m. **Cardiorespiratory Fitness, Physical Activity & Lifestyle Change to Promote Cardiovascular Health**

Barry Franklin, Ph.D., MAACVPR, FACSM, FAHA

Objective: Summarize the impact of genetics versus lifestyle on the risk of acute cardiac events; identify high risk and cardioprotective levels of physical activity and cardiorespiratory fitness for patients with and without heart disease; discuss the key components of a cardioprotective diet; review the profound negative impact of cigarette smoking on cardiovascular and all-cause mortality.

11:10 a.m. **Metabolic Effects of Bariatric Surgery**

Nathan Lafayette, M.D.

Objective: Identify patients that would benefit from bariatric surgery.

12:00 p.m. **Panel Discussion – Q/A**

12:20 p.m. **Lunch / Visit Exhibits**

12:50 p.m. **Allergy and Asthma Cliff Notes**

Ali Saad, D.O.

Objective: Discuss the diagnosis and treatment of asthma; review various food allergic reactions and evaluation and treatment of various allergic rashes.

1:40 p.m. **Health Information Technology: What's Love Got to Do With HIT?**

Gregg Stefanek, D.O.

Objective: Recognize why Health Information Technology (HIT) provides better patient care; discuss practical ways to work with the demands that HIT creates and successfully recapture the joy of practicing medicine.

2:30 p.m. **Our Opioid Epidemic***

Bret C. Bielawski, D.O., FACP

Objective: Discuss how to articulate to the patient the reasons why opioids will not be prescribed; identify safe alternatives to opioids for pain control; review CDC guidelines for prescribing opioids.

3:20 p.m. **Panel Discussion – Q/A**

3:40 p.m. **Closing Remarks**

*Eligible for 1.0 credit towards pain and symptom management.

REGISTER EARLY AND SAVE!

Tuition includes continuing medical education credit, all course materials, including a comprehensive course syllabus, daily breakfast buffet, luncheon, and snacks.

REGISTER ONLINE with a credit card* at:
beaumont.cloud-cme.com/fallprimarycare2019

Dont Delay...Register Today! Reduced rates available for early registration!

REGISTRATION RATES	By 10/28/19 Online		After 10/28/19 On-Site Only†	
	Full Conference	Single Day Only	Full Conference	Single Day Only
Beaumont / OUWB / MSUCOM				
Physician	\$425	\$295	\$550	\$395
Non-Physician	\$225	\$195	\$350	\$295
Residents, Fellows, and Students	FREE	FREE	\$50	\$25
Other Institutions				
Physician	\$450	\$295	\$550	\$395
Non-Physician	\$250	\$195	\$350	\$295
Residents, Fellow, and Students	\$100	\$50	\$100	\$50

Registration and payment must be received by **Oct. 28, 2019** to receive the reduced rate. After Oct. 28, 2019, please register on-site at the Diamond Conference Center at the Suburban Collection Showplace, Novi, MI.

*To register and pay by check, please contact Esther Gargalino at: esther.gargalino@beaumont.org or call 947-522-1839 no later than Monday, October 21.

†Comprehensive course syllabus available while supplies last.

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Faculty

Course Director

Andrew Cykiert, D.O., FACOI, FACP

Internal Medicine
Clinical Assistant Professor, Michigan State University
College of Osteopathic Medicine
Beaumont Hospital
Farmington Hills, MI

Moderators

Randall A. Bickle, D.O., J.D., CPE, FAAPL

Family Medicine
Clinical Assistant Professor, MSUCOM
Beaumont Hospital
Farmington Hills, MI

Kevin I. Frankel, D.O., FAAFP

Family Medicine
Clinical Assistant Professor, MSUCOM
Beaumont Hospital
Farmington Hills, MI

Faculty

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William Beaumont School of Medicine
Beaumont Hospital
Royal Oak, MI

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Troy, MI

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Clinical Associate Professor, MSUCOM
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Farmington Hills, MI and Royal Oak, MI

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Associate Professor, OUWB
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Southfield, MI

Beaumont

William Beaumont Hospital
Beaumont Health - CME Dept.
Symposium for Primary Care Medicine
26901 Beaumont Blvd. BSC 433 - 3D1305
Southfield, MI 48033

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